



Mid-Valley Behavioral Care Network

1660 Oak Street SE, Suite 203 ▪ Salem, Oregon 97301-6454
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Motivational Interviewing 101 The Basics

MVBCN Co-Occurring Disorders Training

Friday, November 5, 2010

At BCN Office: 1660 Oak St. SE, Salem

6.5 hours CEU

Registration at 8:00 Training 8:30-4:30 Lunch Provided

Improving our response to consumers with co-occurring mental health and substance disorders will require that all staff are skilled in matching interventions to the consumer's motivation and readiness for change. This is an introductory training and will be most helpful to staff who have not yet incorporated these skills into their practice. The focus will be on work with adults and adolescents.

Goals:

Increase knowledge and understanding of Motivational Interviewing and Change

Understand Phases I strategies of MI

Practice strategies and skills to enhance motivation and decrease resistance

About the Trainer: **Kathyleen Tomlin MS, LPC, CADCH** has worked in the addiction treatment and prevention field since 1974 as a counselor, administrator, educator and consultant. Kathy was one of the consultants originally chosen by BCN to lead the Co-Occurring Disorders Training and Development Project. Her recent focus is on program development and training, emphasizing the use of Motivational Interviewing. Kathy manages clinical addiction services with a large HMO, and trains and consults around the country.

Name _____ Phone _____

PLEASE PRINT CLEARLY

Name of Agency _____ FAX _____

Attendance limited to 30 people

FAX Registration to 585-4989 FINAL Deadline: October 25

Questions? Call Gwen at 503-566-2972

We will fax back a confirmation of your registration and a map to the training location.

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