

Post-Partum Depression Project

An MVBCN Prevention Program

6/1/04 –4/30/05

Project Activity Snapshot

6/1/04 - 12/31/04

| | |
|--|------------|
| Project Enrollment | 412 |
| New Referrals | 243 |
| Carried Over From Prior Period | 169 |
| No Longer Active (completed* or on Hold) | -232 |
| Active Participants as of 4/30/05 | 181 |

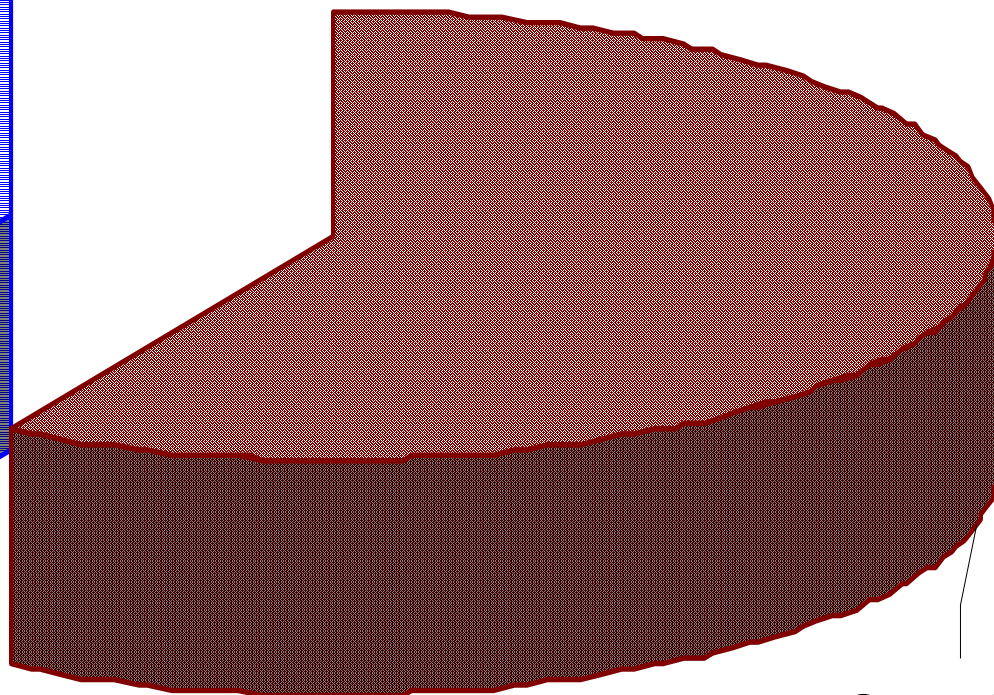
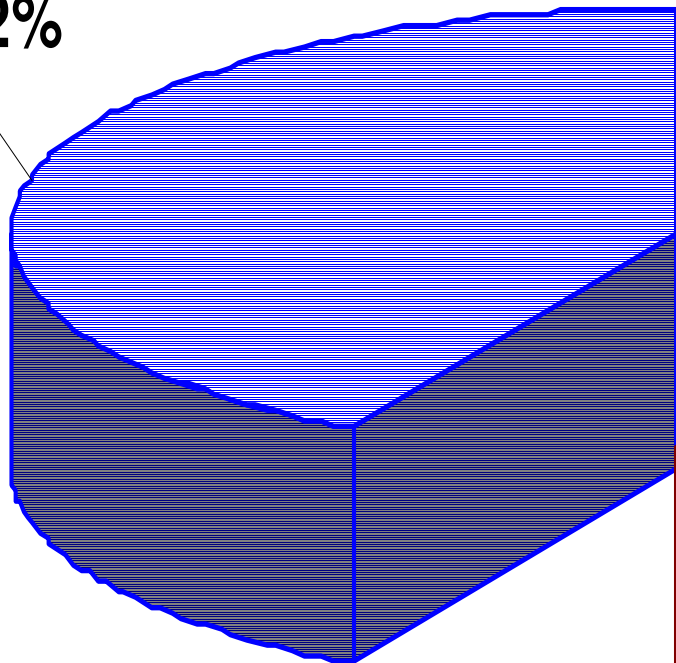
| | | | | |
|--|-------------|--------------------|----------------|------------|
| Total Engaged With One or More Services | | | | 412 |
| | <u>Linn</u> | <u>Marion/Polk</u> | <u>Yamhill</u> | |
| Info., Referral, & Support Services | 66 | 173 | 38 | 277 |
| Instruction | 28 | 241 | 33 | 302 |
| Service Integration Assistance | 14 | 85 | 1 | 100 |

*Have had no activity for the prior 90 calendar days.

Language of Mothers at Referral

English

42%

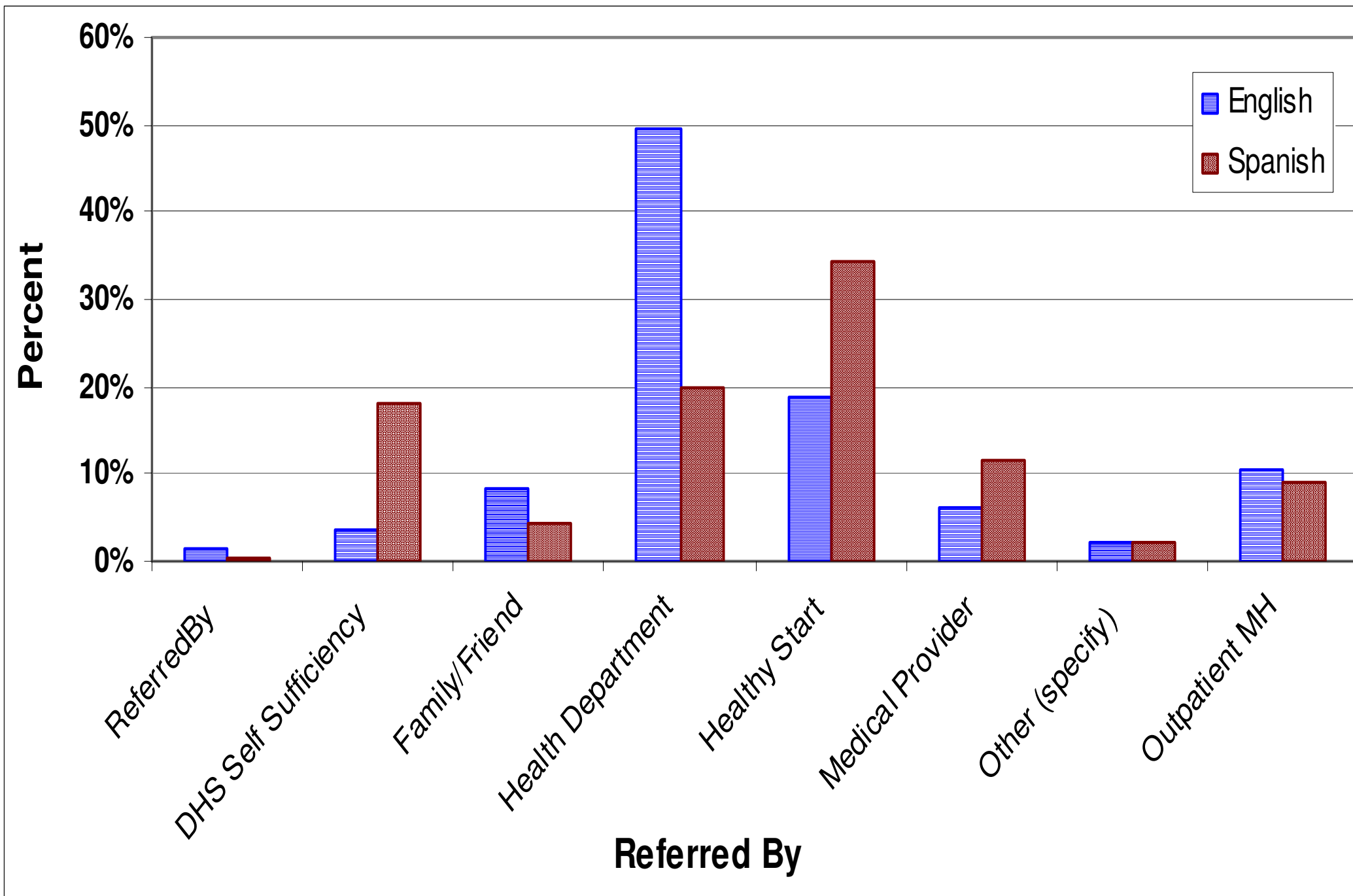


Spanish

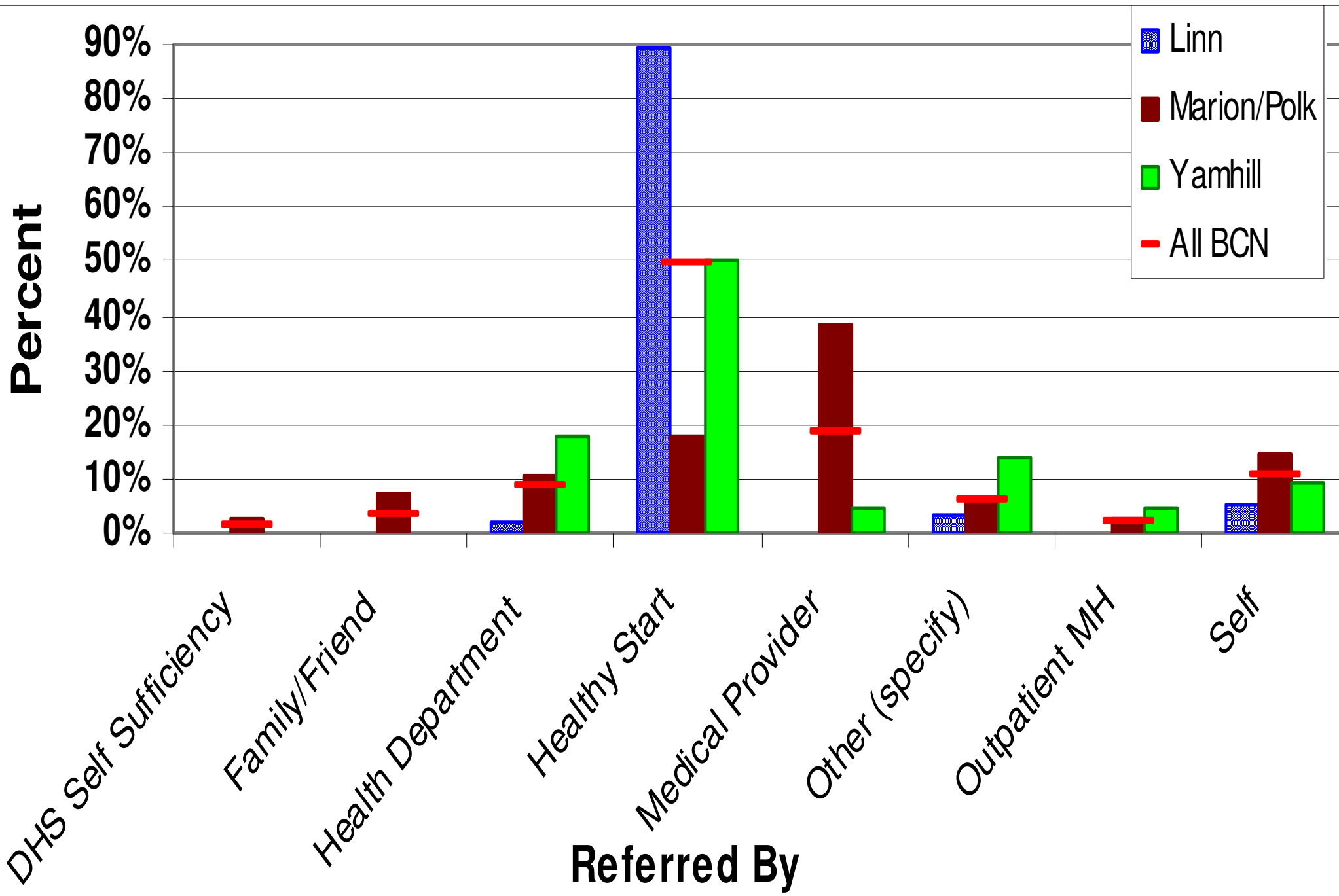
58%

*Based on the 357 out of 412 mothers for whom language at referral was reported.

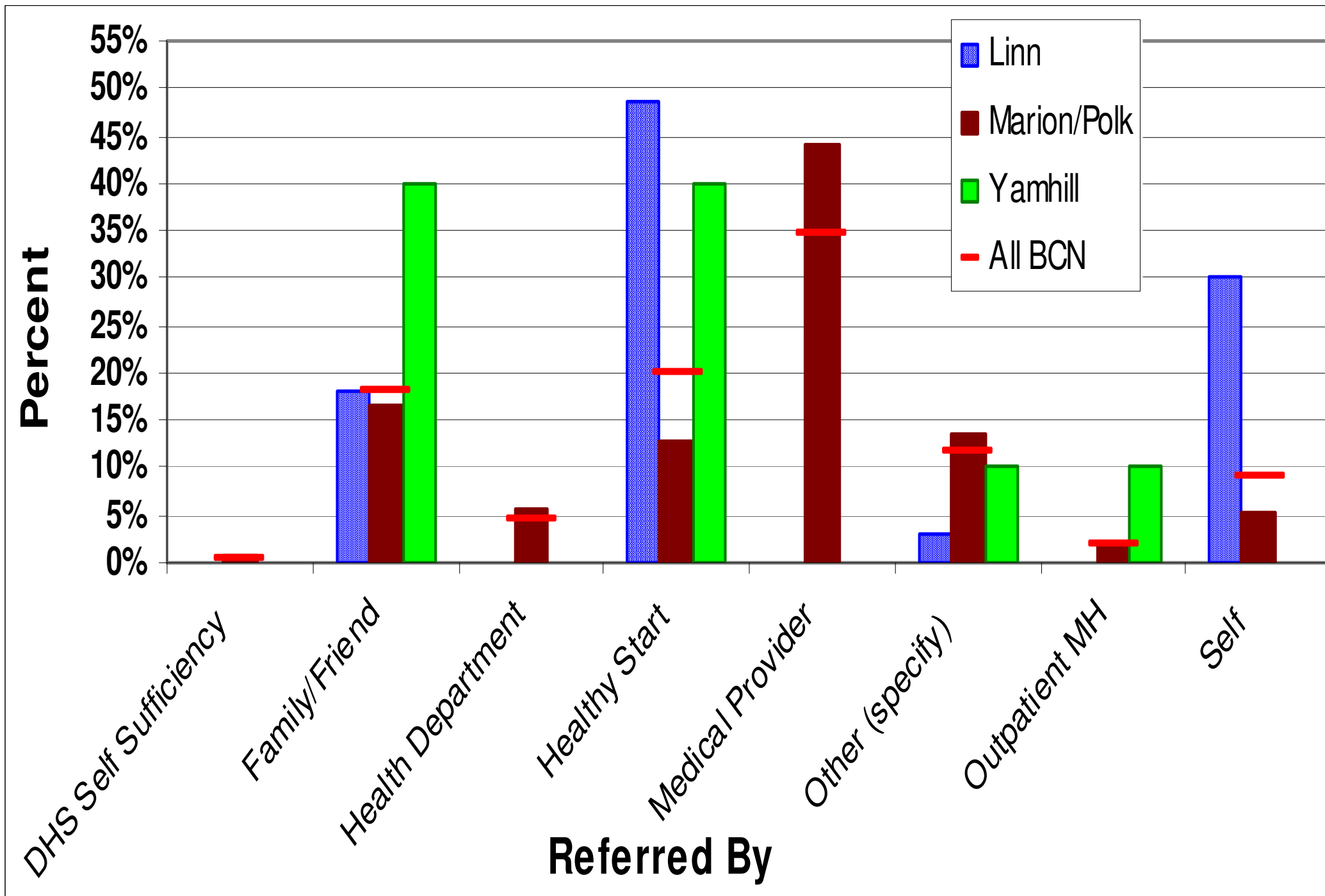
Referral Sources By Language



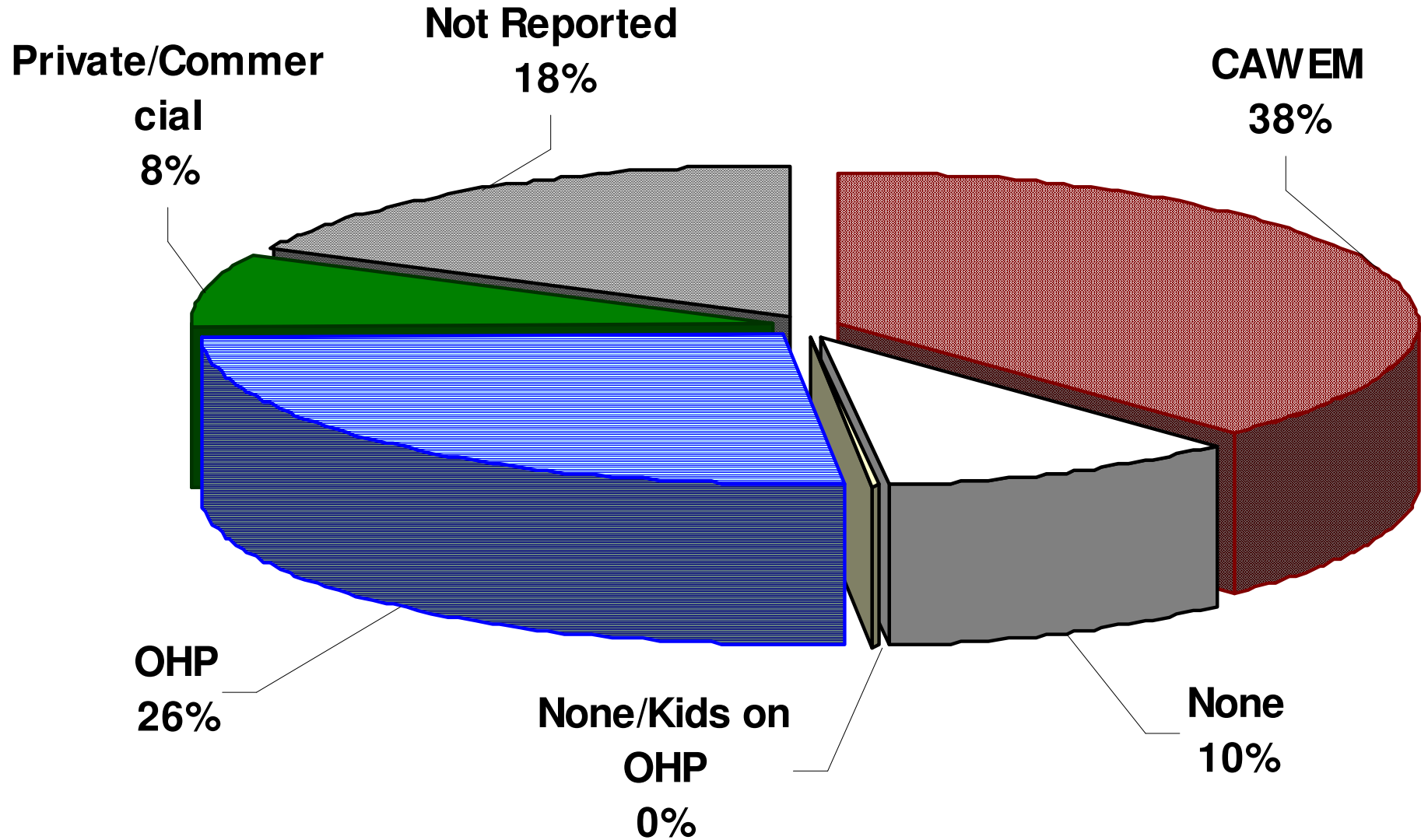
Referral Sources by County-English



Referral Sources by County-Spanish

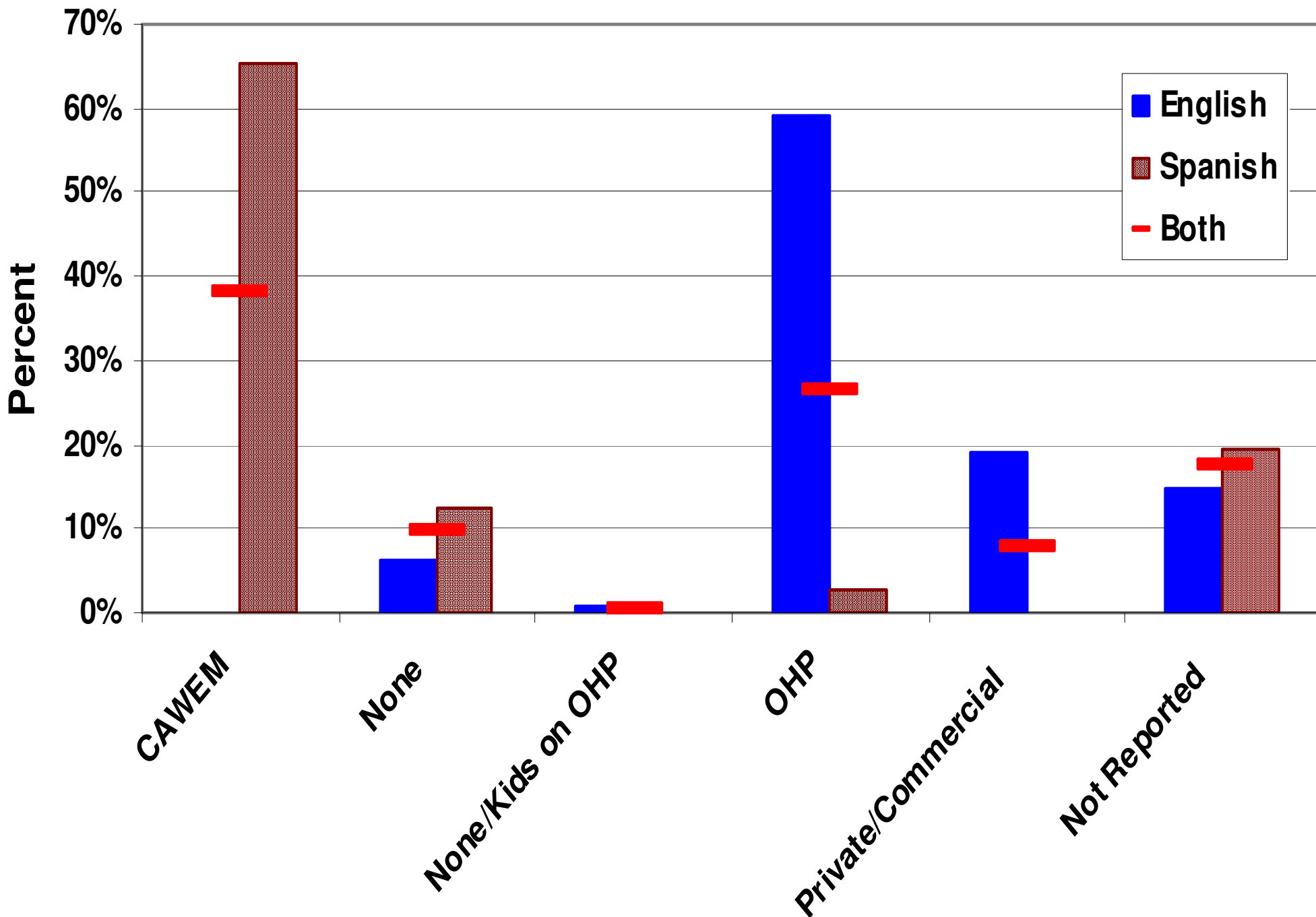


Health Insurance Of New Referrals



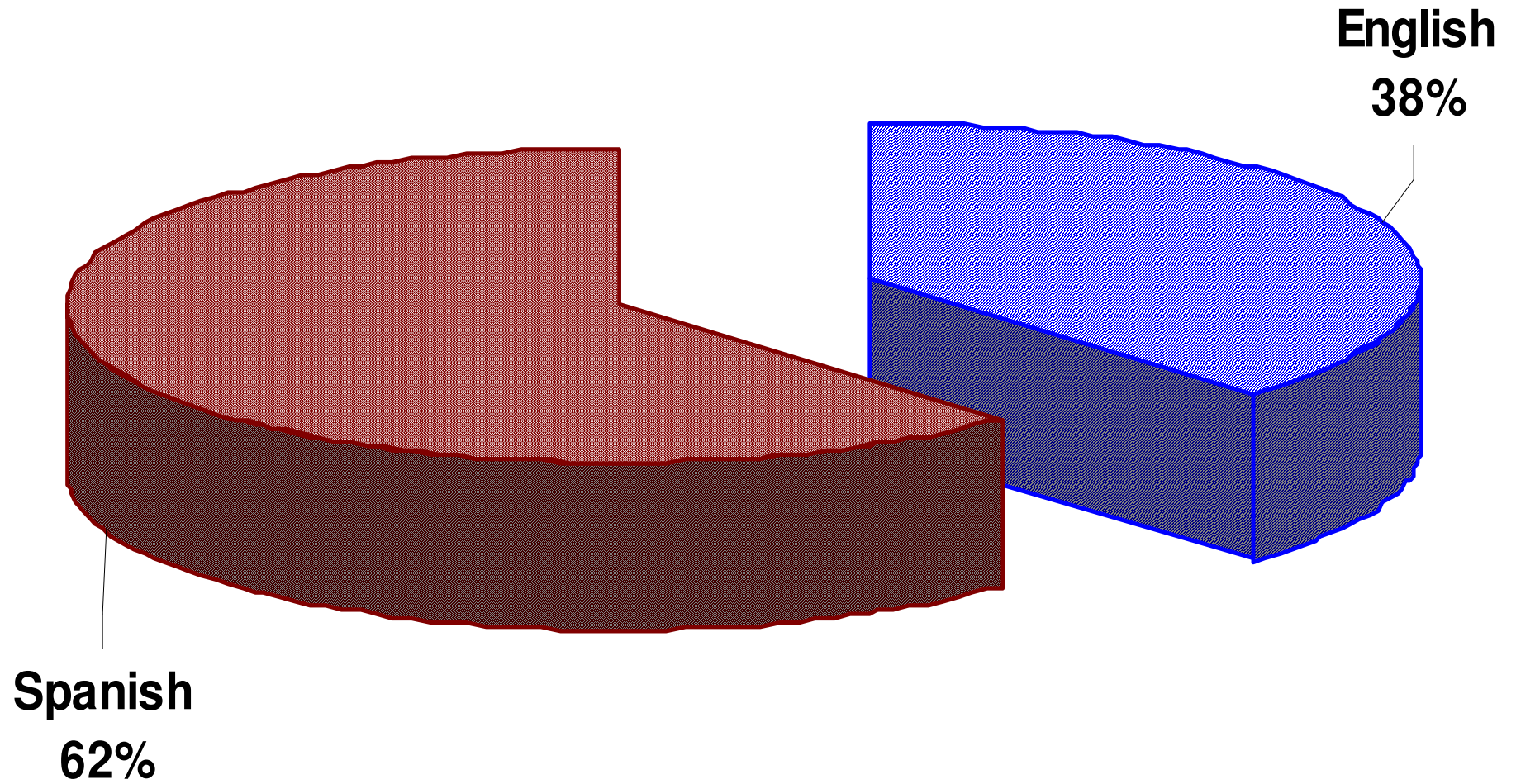
* CAWEM covers maternity costs for undocumented women. Their children are capitated to BCN under OHP.

Health Insurance At Referral

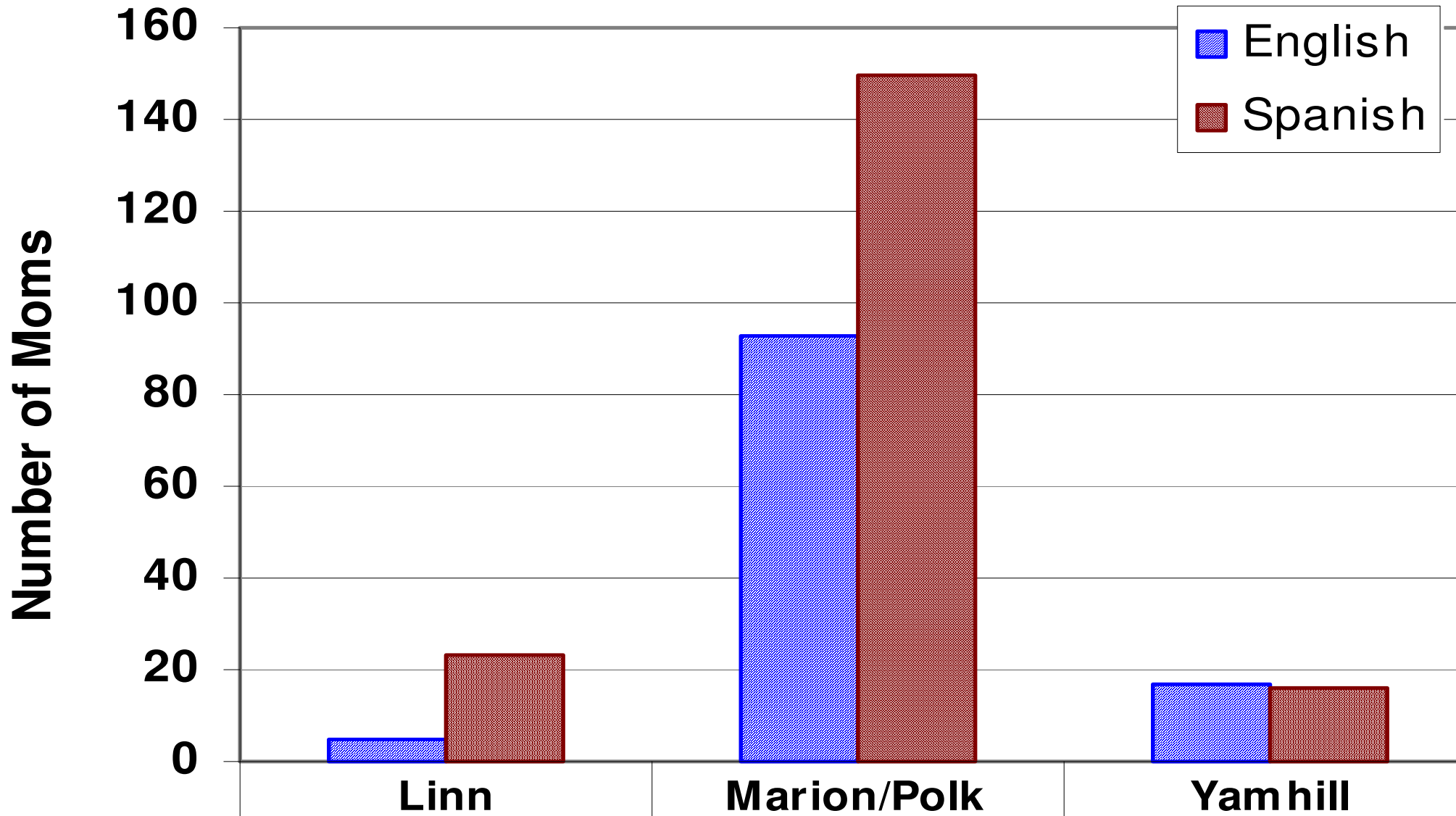


Language of Instruction

All BCN



Language of Instruction By County



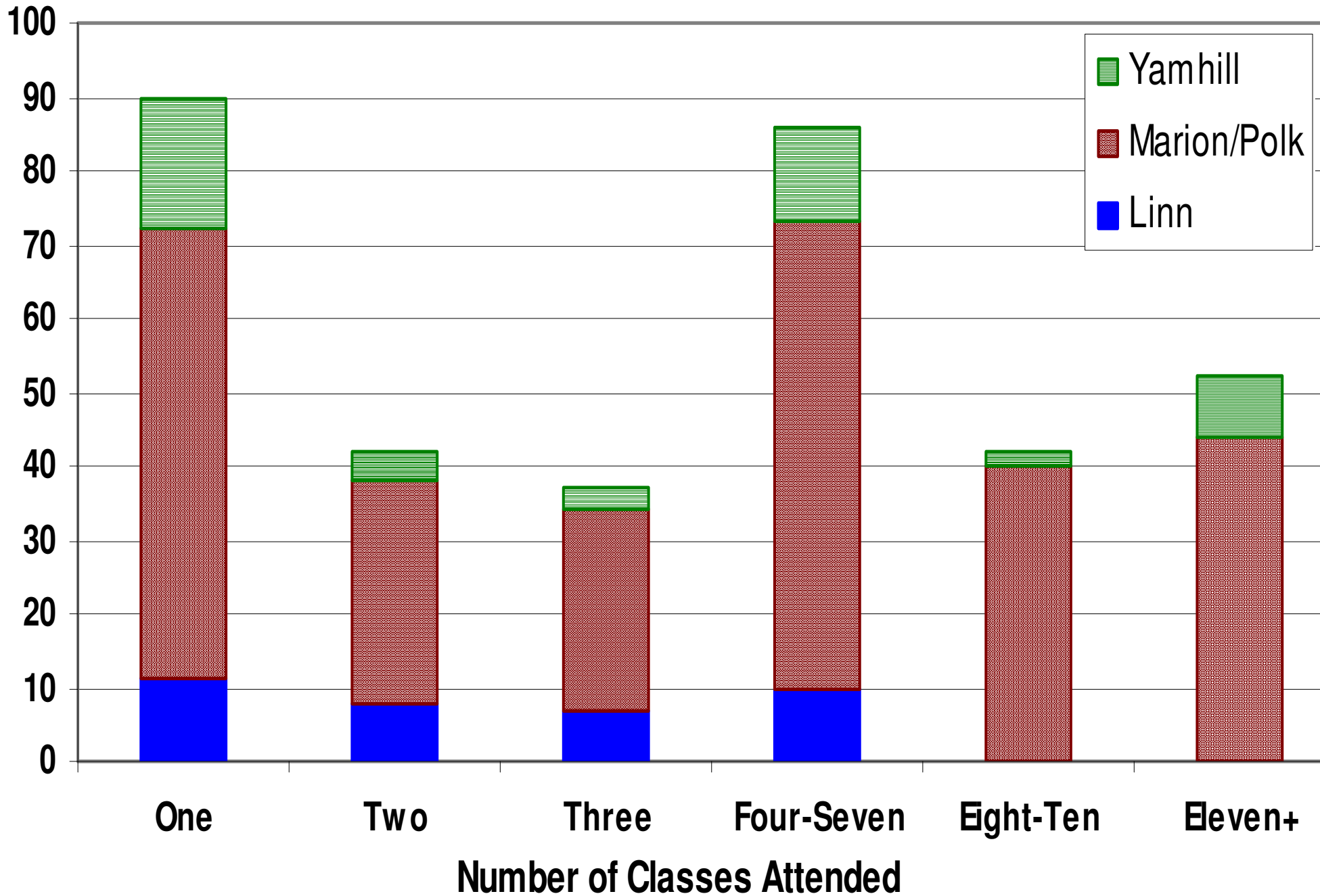
 English
 Spanish

Linn
5
23

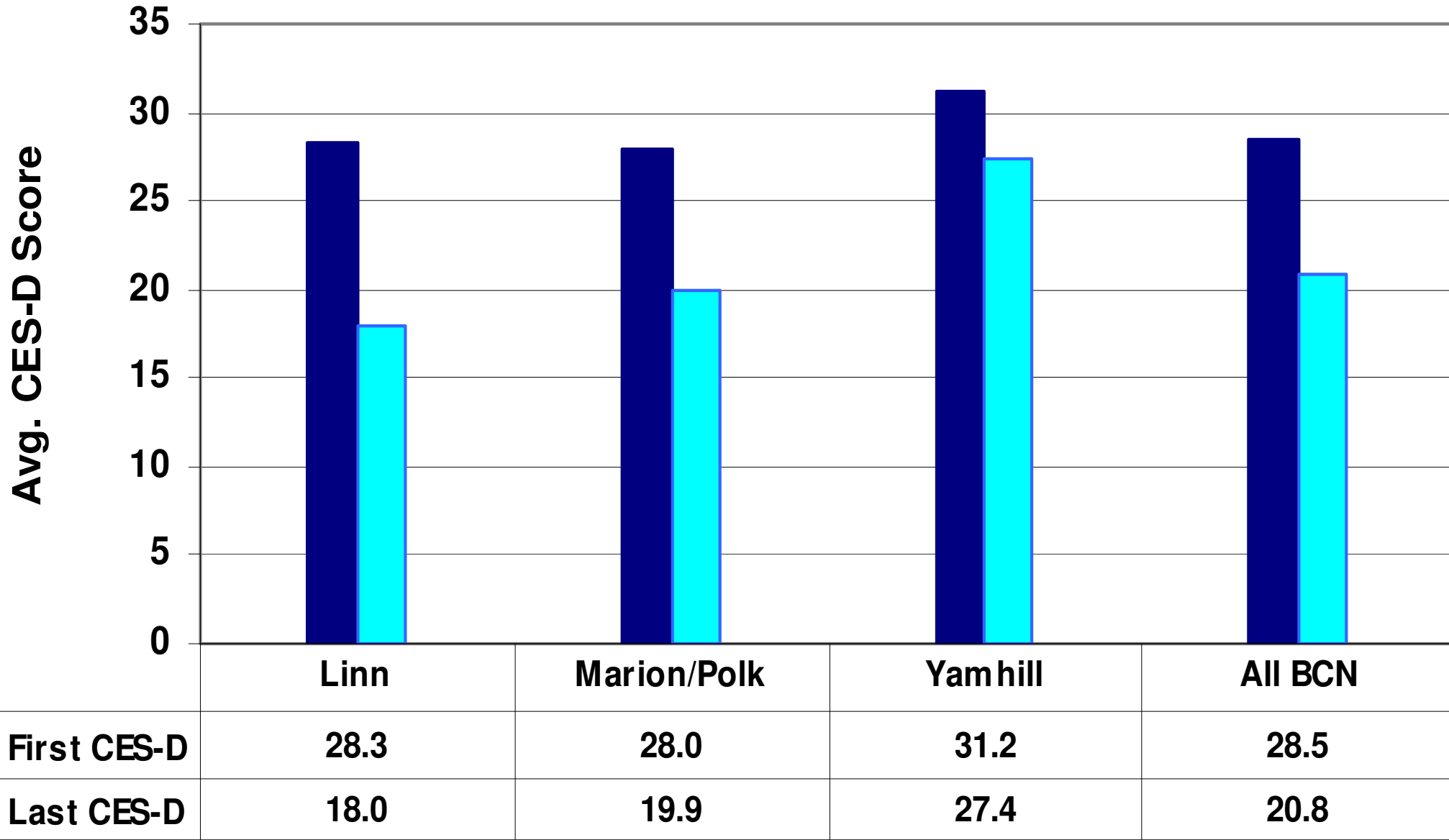
Marion/Polk
93
150

Yam hill
17
16

Participation in Instructional Activity



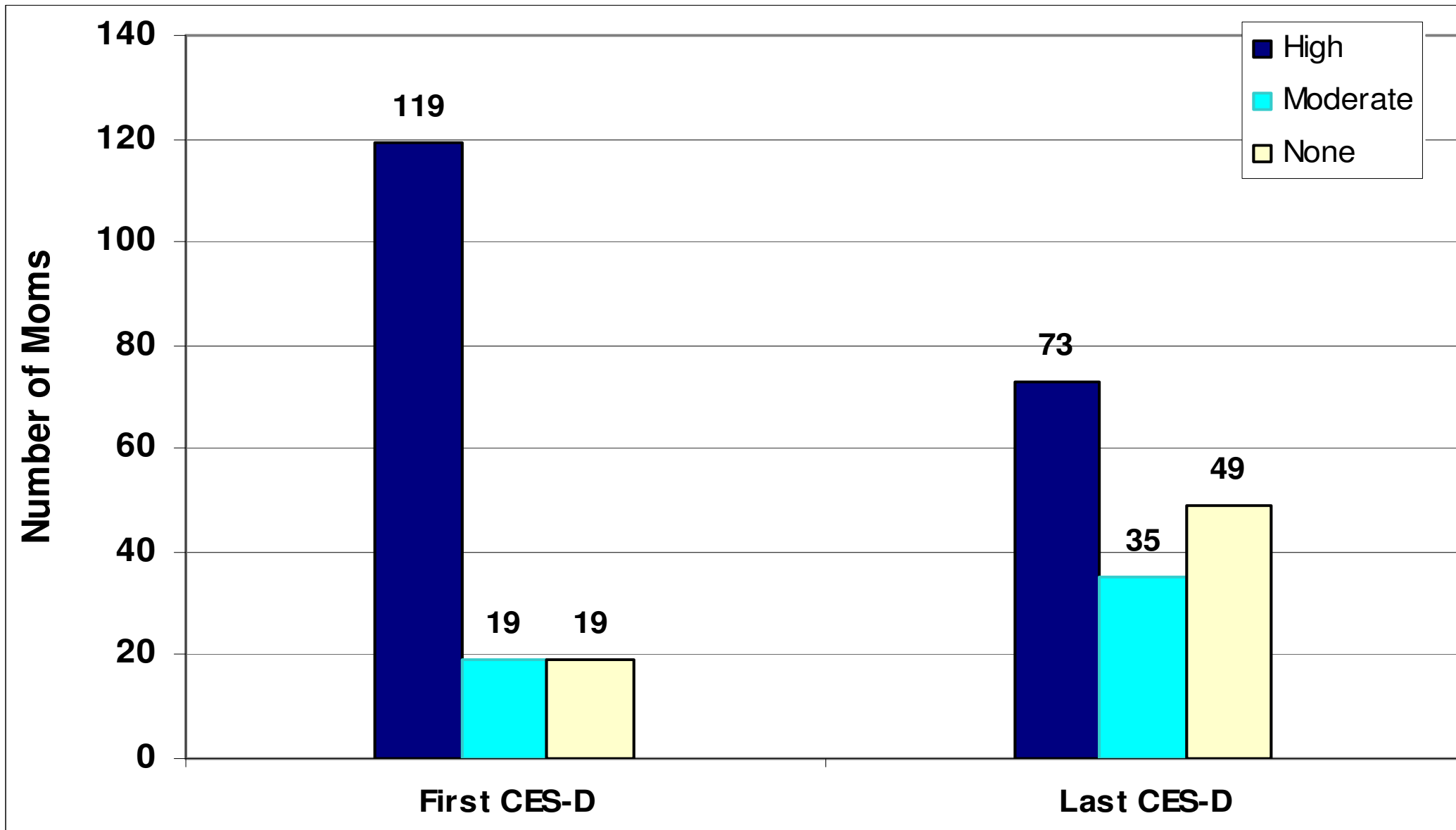
Changes In Depression Scores



* A statistically significant change (t test, $P < .05$).

Radloff, L.S. (1977). The CES-D scale: A self report depression scale for research in the general population. *Applied Psychological Measurement*. 1, 385-401.

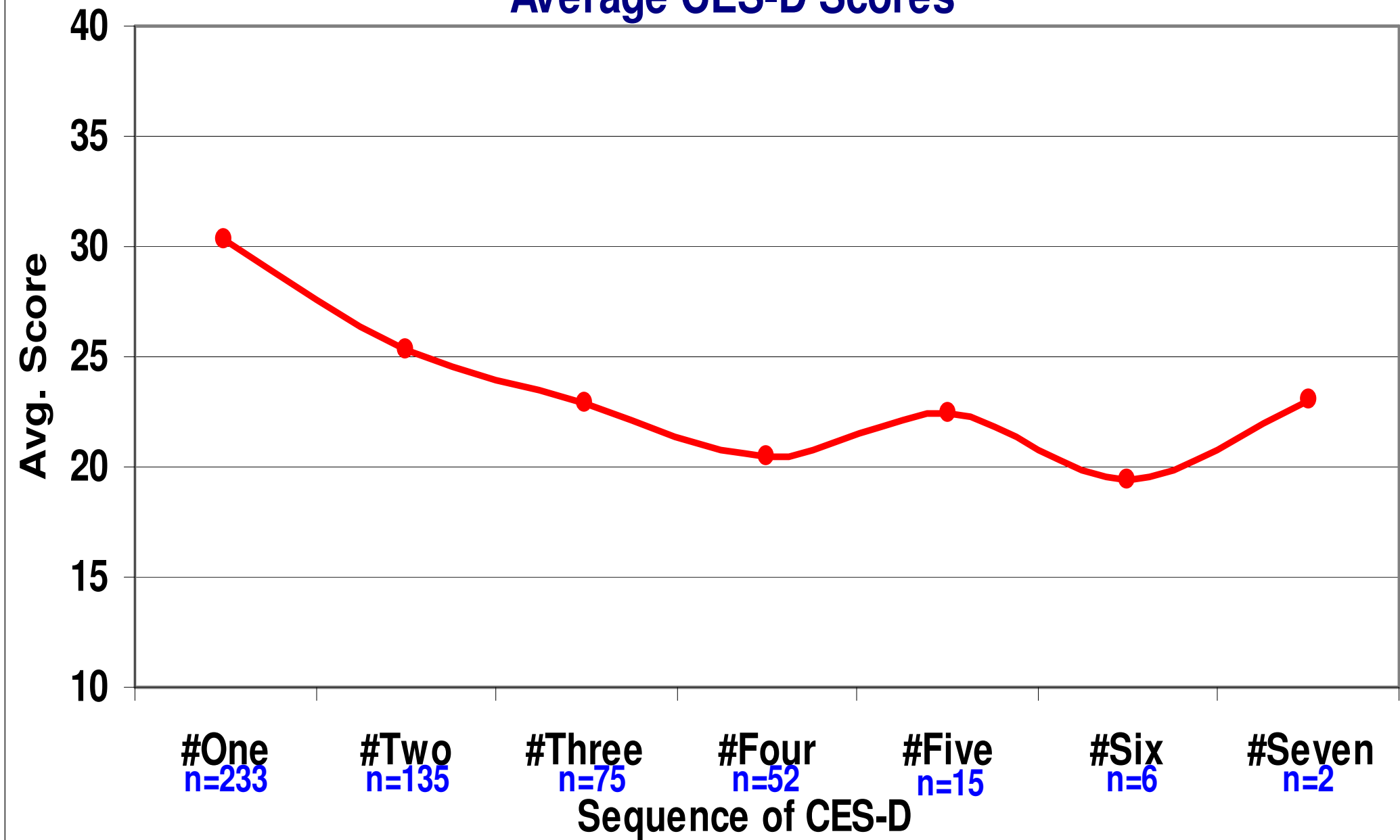
Changes in Depression Severity*



Radloff, L.S. (1977). The CES-D scale: A self report depression scale for research in the general population. *Applied Psychological Measurement*, 1, 385-401. "None"=0-15; "Moderate" = 16-22; "High" = 23+

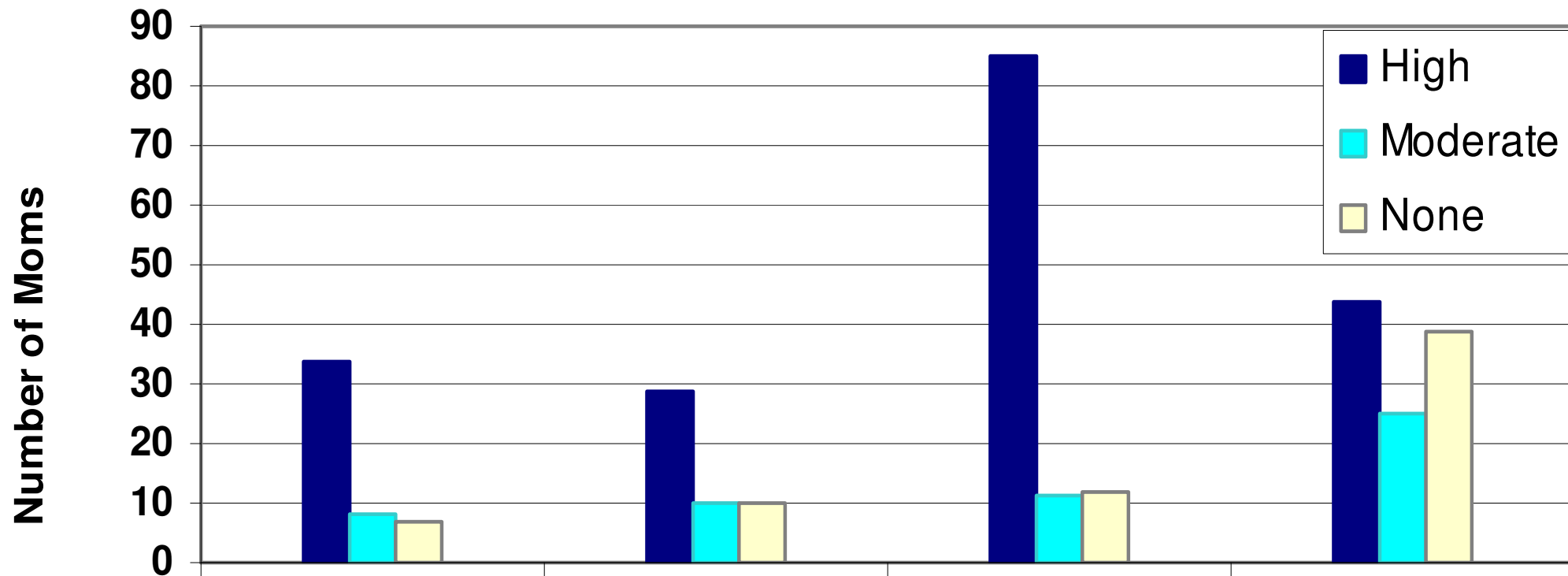
Changes in CES-D (Depression) Scores*

Average CES-D Scores



* From prior data covering 6/1/04-12/31/04

Change in Depression Severity By Language



| | First-Eng. | Last-Eng. | First-Span. | Last-Span. |
|--------------|------------|-----------|-------------|------------|
| ■ High | 34 | 29 | 85 | 44 |
| ■ Moderate | 8 | 10 | 11 | 25 |
| ■ None | 7 | 10 | 12 | 39 |
| CES-D | | | | |

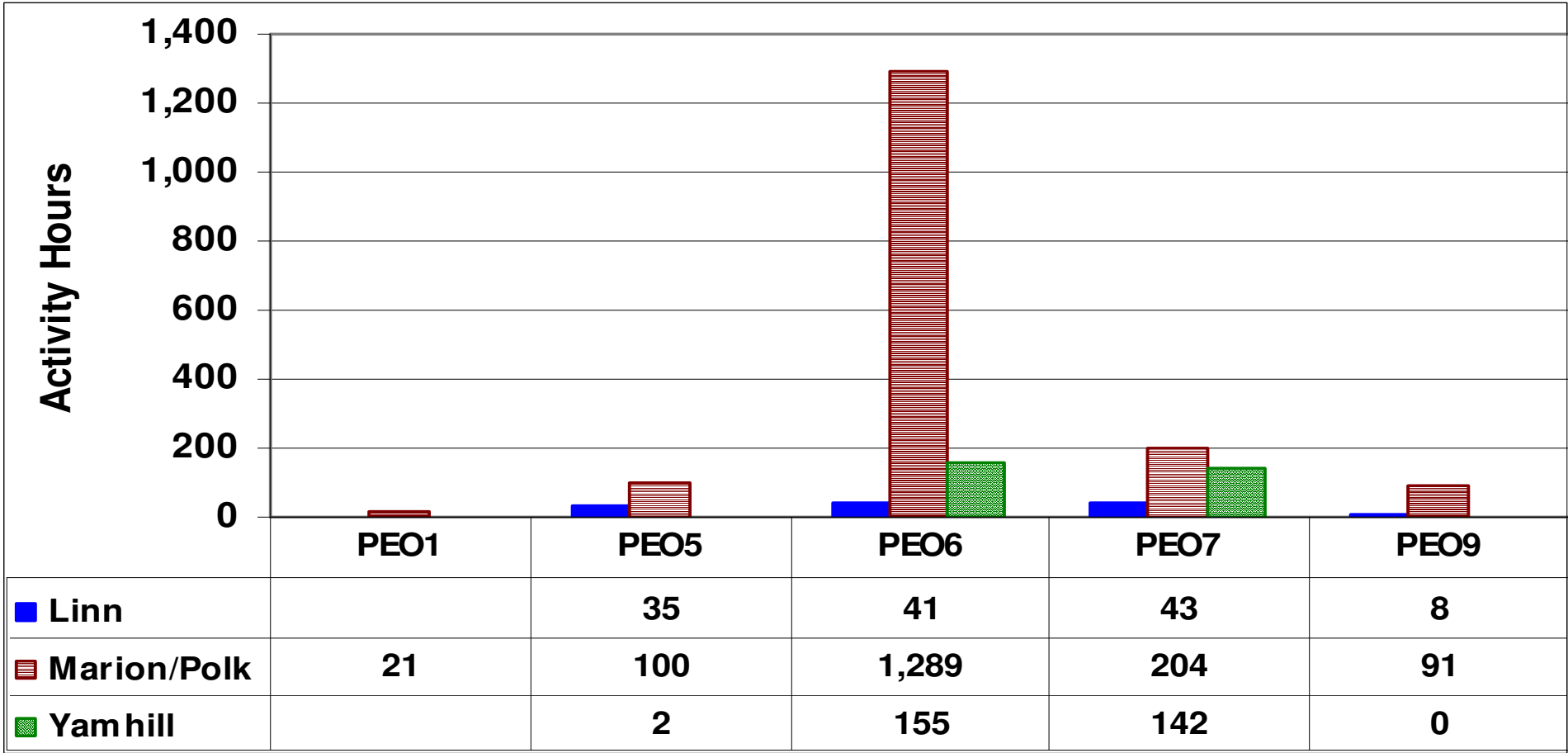
Radloff, L.S. (1977). The CES-D scale: A self report depression scale for research in the general population. Applied Psychological Measurement. 1, 385-401. "None"=0-15; "Moderate" = 16-22; "High" = 23+

Changes in Depression by County

| County | Depression | First CES-D | Last CES-D |
|--------------------|---------------|-------------|------------|
| Linn | None | 0 | 4 |
| | Mild-Moderate | 2 | 3 |
| | High | 7 | 2 |
| Marión/Polk | None | 17 | 43 |
| | Mild-Moderate | 15 | 26 |
| | High | 95 | 58 |
| Yamhill | None | 2 | 2 |
| | Mild-Moderate | 2 | 6 |
| | High | 17 | 13 |
| All | None | 19 | 49 |
| | Mild-Moderate | 19 | 35 |
| | High | 119 | 73 |

Radloff, L.S. (1977). The CES-D scale: A self report depression scale for research in the general population. Applied Psychological Measurement. 1, 385-401. "None"=0-15; "Moderate" = 16-22; "High" = 23+

Hours of PEO Activity By County



| Code | Category | Activity |
|-------------|-------------------------------|---|
| PEO 1 | Public Information | Presentation of accurate targeted messages and promotional material on mental health and substance abuse issues, such as suicide and teen pregnancies, to increase awareness of behavioral health. May include information seminars, electronic and print media |
| PEO 5 | Community Mobilization | Community mobilization activities to deal effectively with behavioral health issues within the community, such as developing partnerships with schools/businesses, developing neighborhood coalitions, or training and technical assistance to coalitions. |
| PEO 6 | Life Skills Development | Life skills development activities that assist individuals in developing or improving critical life skills. Must be ongoing, sequential learning activities or sessions that focus on the development of skills in decision making, coping with stress, values |
| PEO 7 | Prevention Support Activities | Activities that support individuals in daily living or coping skills, such as warm lines. |
| PEO 9 | Services Integration | Includes participation in multi-disciplinary teams and community meetings where services are being discussed for an OHP Member who is not currently in services with a mental health provider. |

End of Slides