



Mid-Valley Behavioral Care Network

1660 Oak Street SE, Suite 203 ▪ Salem, Oregon 97301-6454
PHONE: (503) 361-2647 ▪ FAX: (503) 585-4989

Growing Beyond Survival
Self-Help Tools for Managing Traumatic Stress

Lunch Included 6.5 CEUs provided

Friday, Sept. 12, 8:30 to 4:30 OR Monday, Sept. 15, 8:30 to 4:30

First Baptist Church, Marion and Liberty Streets, Salem

CLINICIANS AND TRAUMA SURVIVORS ARE INVITED!

This session addresses the processes by which traumatic stress symptoms develop. Symptoms are seen as adaptations to be understood in context and then addressed collaboratively by trauma survivors with their clinicians. Specific interventions are discussed and demonstrated. The training is based on materials found in a workbook developed by the trainer.

About the Trainer: Elizabeth Vermilyea, M.A., has been serving trauma survivors and the people who care about them since 1991. She provides program and individual consultation, professional training, public education, and training materials to providers across the spectrum of trauma treatment. Elizabeth is the author of Growing Beyond Survival: A Self-Help Tool Kit for Managing Symptoms of Traumatic Stress. Elizabeth received rave reviews for her previous trainings with the BCN.

Name \_\_\_\_\_ Phone \_\_\_\_\_
PLEASE PRINT CLEARLY

For Providers: Name of Agency \_\_\_\_\_ FAX \_\_\_\_\_

For Survivors: Phone: \_\_\_\_\_ Mailing Address \_\_\_\_\_

Which session will you attend? Fri, Sept. 12 Monday, Sept. 15
Select One (Limit of 70 per session)

Final Deadline: Sept. 3 FAX Registration to 585-4989,
OR mail to MVBCN: 1660 Oak St. SE, Suite 203, Salem, 97301

Questions? Call Gwen at 503-566-2972 We will fax or mail a confirmation of your registration