

Housing Definitions

Below you will find different categories of housing options for individuals with mental health or co-occurring disorders. We have provided a brief explanation of each housing option.

Supportive Housing:

⊗ **Supportive Housing (SH):**

Supportive housing or "SH" means supported independent living and other minimally structured settings where services and housing are made available to persons with mental illness. These housing programs are generally not licensed. They include site-specific supported housing, integrated supported housing, transitional housing, room and board settings and safe havens.

⊗ **Independent Living:**

Independent living means apartments, single rooms and/or homes in the community. Rent subsidies are available through application to local housing authorities and at various site-specific government subsidized apartments. Local mental health programs provide services to individuals with mental illness.

⊗ **Alcohol and Drug Free Housing (ADF):** Alcohol and drug free housing are apartments or other individual units that provide transitional or long term supportive housing for people in recovery from alcohol and drug addictions. The housing environment is alcohol and drug free. The housing may be sponsored or supported by a service provider.

Structured or Specialized Residential Services:

⊗ **Adult Foster Home (AFH):**

An adult foster home or "AFH" mean an Oregon State licensed home that provides care to 5 or fewer adults with mental illness. Adult foster homes are licensed by the Office of Mental Health and Addiction Services (OMHAS), Seniors and People with Disability (SPD). Caregivers design their support and services to have awake staff up until 11pm daily.

⊗ **Residential Treatment Home (RTH):**

Residential treatment home or "RTH" means an Oregon State licensed home that provides care to 5 or fewer adults with mental illness. This level of housing is licensed by OMHAS. Caregivers are scheduled to provide and support services 24 hours a day with awake staff at all times.

⊗ **Residential Treatment Facility (RTF):**

Residential treatment facility or "RTF" means a housing program licensed by OMHAS to serve 6 or more adults with mental illness. This level of housing is licensed by OMHAS. Some RTF's have a specialty focus (e.g. chronic co-occurring medical problems, gender specific, co-occurring disorders). Structure, services and support at this housing level are designed for individuals with more severe symptoms and care needs.

⊗ **Secure Residential Treatment Facility (SRTF):**

Secure residential treatment facility or "SRTF" means a locked residential treatment facility licensed by OMHAS to serve 6 or more adults with mental illness. Individuals requiring a high degree of supervision and support to maintain safety are most appropriate for this setting.

⊗ **Enhanced Care Facility (ECF):**

Enhanced care facility or "ECF" means a program in a residential care facility, nursing facility or foster home license by SPD in which mental health services are provided. Medical care at this level is a necessity in order to live successfully in the community.

Crisis-Respite Housing:

Crisis respite housing means temporary housing for generally up to one month where support services are provided to assist individuals experiencing a mental health or housing crisis. In some cases, crisis-respite housing provides an alternative to psychiatric hospitalization. Crisis respite housing includes a variety of settings such as crisis-respite facility, a crisis-respite home, crisis-respite beds in licensed residential programs or crisis-respite units in supportive housing settings.

Transitional Housing:

Transitional housing means the provision of housing in one of the above settings that provides housing and supports to an individual with mental illness who is going through a transition. The kinds of transitions that are common include housing for individuals recently completing treatment for alcohol and drug addiction, moving out of the State Hospital, moving from an adult foster home to independent living or perhaps from living with family to a community setting. The locations of the transitional living environment vary according to the individual's needs. Length of stay is generally from 3-6 months.

LOCAL COUNTY HOUSING CONTACTS:

Please contact the local housing specialist in the county where you live or receive mental health services for further information about housing.

Linn County:

Cary Moller, MS, LPC
Linn County Mental Health Services
445 Third Ave SW
P.O. Box 100
Albany, OR 97321
541-967-3866
1-800-304-7468

Marion County:

Leslie Stainbrook
Marion County Adult Behavioral Health
503-361-2642
503-559-6408
Lancaster Street
Salem, OR
503-361-2642

Polk County:

Cheryl Zentz
Polk County Mental Health
182 SW Academy Street, Suite 310
Dallas, OR 97338
503-623-1886 ext.162 or 503-931-6878

Tillamook County:

Frank Hanna-Williams
Tillamook Family Counseling Center
906 Main Avenue
Tillamook, OR 97141
503-842-8201
1-800-962-2851

Yamhill County:

Melissa Jagoe-Seidl, LPC
Yamhill County Adult Mental Health
627 NE Evans Street
McMinnville, OR 97128
503-434-7523