

# Tracking Sheet for Patients on Atypical Antipsychotics\*

Patient name \_\_\_\_\_

Current Medication(s) & Date(s) Started \_\_\_\_\_

\_\_\_\_\_

Personal and family history (Baseline, Annually)

\_\_\_\_\_

\_\_\_\_\_

**Weight (BMI)** (Baseline + every visit for 6 months after medication initiation)

Date: / /										

**Waist circumference – measure at level of umbilicus** (Baseline + annually)

Date: / /										

**Blood Pressure** (Baseline + 12 weeks + annually)

Date: / /										

**Fasting Plasma Glucose** (Baseline + 12 weeks + annually)

Date: / /										

**Fasting Lipid Profile** (Baseline + 12 weeks + every 5 years)

Date: / /										

**Diet discussed. Plan:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Exercise discussed. Plan:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\*ADA. *Diabetes Care*; 2004;27(2):596-601.